

# Magical Life



February 2008

## A New Year of Learning

It was great to catch up with so many of you at the Magical Learning launch at the Botanical Gardens late last year. We have had so much positive feedback about our event with guest speaker, Robbie McPherson (head of the Sydney Leadership Centre) that we will be inviting guest speakers to Canberra for our 'Breakfast Club' events during the year—more on those in the next newsletter.

This will be a forum for networking and an opportunity to be inspired by 'people who make a difference'. If you have any suggestions as to guest speakers please let us know.

We started the year with formal notification of our Australian RTO status and will start our accredited training from 21 February 2008. A list of programs and dates are at the end of the newsletter.

Some of the new programs that will be presented include:

- Advanced Diploma of Government (Human Resources)
- Advanced Diploma of Government (Strategic Procurement)
- Diploma of Government (Human Resources).

We are looking forward to a magical 2008 where we will all grow and make the world a better place. 😊

### **Creating Outstanding Teams workshop:**

**Places available 19 February 2008**

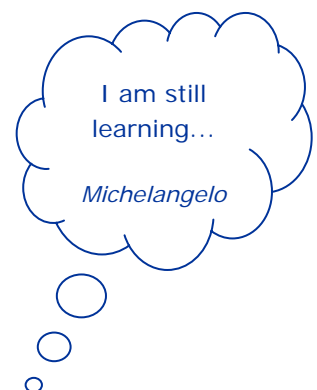
**Outstanding teams create results that are truly impressive.**

This workshop covers:

- ◆ What is required to build really effective, dynamic and fun teams in any workplace?
- ◆ How to work with difficult team members to form an effective partnership
- ◆ How you can help to create an environment for your team that encourages creativity, intelligence and initiative
- ◆ Why some teams outperform others
- ◆ Who should lead your team, and why?

We have a few places left in this program which will be held at University House, ANU on Tuesday 19 February 2008 from 9.15am – 3.15 pm.

Ring Wendy on 62732221 or 0419 625 192 to secure your place.



## Secrets to Learning Faster and Smarter

At Magical Learning we are committed to lifelong learning. One of the things we have observed over the years is that many people have had bad experiences (often when they were a child) which has discouraged them from undertaking lifelong learning.

Over the next few episodes of *Magical Life* we will investigate some of the ways that people are able to learn faster and smarter.

One of the things we often don't learn is what our learning preferences is – if I understand this then I can undertake learning using the most effective means for me (not everyone else).

For example, Danette is a visual and kinaesthetic learner. She learns best by reading (or watching) and then applying what she has read or watched. Sitting in lectures (which she did in her first degree) is her least effective method (could explain those poor marks!).

So let's explore what your learning

preferences are and then we will discuss some of the methods you can use to learn more effectively.

*Visual* – learn through looking, will often use visual words such as 'Do you see what I mean?', 'Does that look right to you?'

*Auditory* – learn through listening, use auditory words such as "Do you hear what I am saying?" 'That doesn't sound right'.

*Kinaesthetic* – learn through doing things, use feeling/tactile language such as 'That doesn't feel right', 'My gut reaction...'

*Logical* – learn through logic, use logical language such as 'That doesn't make sense', 'There is something point missing between those two steps'.

Because we are all individuals we also have our own individual preferences when it comes to learning. You may find that you related to one or more of the above preferences. Over the next few days observe your language (noting which

preferences you seem to be favouring).

Another easy way to work out your preferences is to get someone to ask you some remembering questions (like 'What did you do for Xmas?') and then have them describe where your eyes move.

Visuals look up, auditorys look sideways, kinaesthetic look down and logical learners look straight ahead.

Once you understand your preferences you can design your learning experiences to make them more effective for you.

In our next newsletter we will talk about the strategies you can use to learn more effectively.

### Danette's selection of books to read in 2008

-  *The Good Listener* by Hugh Mackay
-  *The Artist's Way* by Julia Cameron
-  *The Success Principles* by Jack Canfield
-  *Influencer* by Kerry Patterson, Joseph Grenny, David Maxfield, Ron McMillan and Al Switzler
-  *Fierce Conversations* by Susan Scott
-  *The Richest Man in Babylon* by George Clason
-  *Who Will Cry When You Die?* by Robin Sharma
-  *The Aladdin Factor* by Mark Victor Hansen

### Be Happy!

In an issue of American magazine *Real Life*, we found this wonderful list of things by Monica Sheehan to improve the quality of our lives.

Keep the list on your fridge:

- ☺ Have a sense of wonder
- ☺ Stay inspired
- ☺ Help others
- ☺ Do things you're good at
- ☺ Read books
- ☺ Limit television
- ☺ Love your work
- ☺ Exercise
- ☺ Face your fears
- ☺ Believe in yourself
- ☺ Stay close to friends and family
- ☺ Let your heart be your guide.

## Accredited courses commencing in 2008

### 21 February 2008

Advanced Diploma of Government (Human Resources)

*Facilitator: Danette Fenton-Menzies*

Full Diploma 21 February – 22 September 2008

Specialist units only 21 February – 8 May 2008

Core units 29 July -22 September 2008

### 22 February 2008

Certificate IV in Government (Financial Services)

*Facilitators: Danette Fenton Menzies and Tarian Dixon*

Full Certificate IV 22 February – 20 June 2008

Specialist units 11 April – 20 June 2008

Core units 22 February – 14 March 2008

### 22 February 2008

Certificate IV in Government (Procurement)

*Facilitator: Tarian Dixon*

Full Certificate IV 22 February – 20 June 2008

Specialist units 7 April – 2 May 2008

Core units 22 February – 14 March 2008

### 22 February 2008

Diploma of Government (Financial Services)

*Facilitator: Danette Fenton-Menzies*

Full Diploma 22 February – 1 September 2008

Specialist units 22 February- 14 May 2008

Core units 28 July – 1 September 2008

### 11 March 2008

Advanced Diploma of Government (Financial Management)

*Facilitator: Danette Fenton-Menzies*

Full Diploma 11 March – 22 September 2008

Specialist units only 11 March -13 May 2008

Core units 29 July – 22 September 2008

### 31 March 2008

Diploma of Government (Contract Management)

*Facilitator: Tarian Dixon*

Full Diploma: 31 March – 1 September 2008

Specialist units 31 March - 16 June 2008

Core units 28 July – 1 September 2008

### 14 April 2008

Diploma of Government (Human Resources)

*Facilitator: Danette Fenton-Menzies*

Full Diploma 14 April – 1 September 2008

Specialist units only – 14 April – 19 May 2008

Core units 28 July – 1 September 2008

### 1 August 2008

Advanced Diploma of Government (Strategic Procurement)

*Facilitator: Tarian Dixon*

Course to start 1 August 2008

**Please note – All of our accredited learning programs are available via distance learning.**

For more information and bookings, call Wendy Brigg on 02 6273 2221 or 0419 625 192 or email [learn@magicallearning.com](mailto:learn@magicallearning.com)

## The Benefits of Coaching

If you have made lots of New Year's resolutions and are now wondering how you are actually going to achieve them (or worse still, you have already given up), then perhaps you should consider undertaking some coaching.

Coaching is designed to assist the coachee with achieving their goals more completely and faster than most people would normally. Several people that I coach have described coaching as 'having my very own cheer squad'.

Most of us benefit from coaching because it gives us time to focus on what is important and we have someone that we have to report to on how we are going — an external conscience.

Coaches can work with their clients to eliminate blockages and things that may be holding them back.

To help you get underway with your New Year's resolutions, here is a simple coaching technique that you can use.

Make a list of as many things that you can think of that are holding you back (eg. things you are *tolerating*).

For example, maybe you are tolerating a messy desk, an overflowing in-tray or a garden full of weeds. Pick at least one thing that you are tolerating and work out a strategy for how you can eliminate them from your life.

Use the freed-up space to make small steps towards undertaking your New Year's resolution.

If you remove one thing you are tolerating every month, by the end of 2008 you will have more space for the things that you love.



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